

22. Bönener Lauf "Rund um Flierich"
 Lauffreunde Bönen
 Sonntag, 14. Januar 2007
 Zeiten 10 km Walking / Nordic Walking

| St-Nr. | Name | Vorname | Jg | Verein | Zeit |
|--------|----------------|--------------|----|---------------------------|----------|
| 1400 | Beinbrecht | Antje | 70 | TV Germania Flier.-Lenn. | 01:31:00 |
| 1301 | Bewersdorf | Walter | 35 | LT Hohemlimburg | 01:28:08 |
| 1355 | Beyer | Petra | 66 | TLV Rünthe | 01:34:20 |
| 1401 | Bohmert | Waltraud | 64 | TUS Ascheberg | 01:16:02 |
| 1361 | Bolesta | Monika | 60 | LF Freitag | 01:29:25 |
| 1453 | Bönninger | Feodora | 30 | TVG Kaiserau | 01:23:09 |
| 1305 | Bönninger | Rudolf | 36 | TVG Kaiserau Langlauf | 01:15:58 |
| 1338 | Böse | Beate | 68 | TG Holzwickede | 01:28:52 |
| 1339 | Böse | Ludger | 69 | TG Holzwickede | 01:22:45 |
| 1456 | Brune | Martina | 57 | SG Wenden | 01:25:35 |
| 1347 | Denaro | Carmelo | 52 | TLV Rünthe | 01:32:39 |
| 1357 | Denaro | Gian-Philipp | 80 | TLV Rünthe | 01:25:51 |
| 1429 | Diaz Hernandez | Isabel | 50 | Walkingtreff Möhnesee | 01:30:13 |
| 1413 | Dickhaut | Bodo | 51 | I'm walking Selm | 01:08:41 |
| 1300 | Drees | Regina | 65 | Lauffreunde Bönen | 01:16:11 |
| 1360 | Eckei | Martina | 67 | LF Freitag | 01:32:28 |
| 1342 | Filipponi | Marlene | 42 | TLV Rünthe | 01:26:54 |
| 1374 | Fix | Karl | 40 | Die Wetterfesten Kamen | 01:17:47 |
| 1340 | Frank | Gabi | 70 | TG Holzwickede | 01:24:25 |
| 1428 | Glodde | Günter | 61 | Walkingtreff Möhnesee | 01:14:19 |
| 1320 | Gradetzki | Cornelia | 58 | R.u.MC Sturm Hombruch | 01:36:59 |
| 1364 | Groß | Manfred | 33 | Walkingtreff Lünen SV | 01:25:52 |
| 1458 | Gruttman | Albert | 37 | Walkingtreff Möhnesee | 01:18:43 |
| 1396 | Gülde | Pia | 66 | TVE Lünern/Stockum e.V. | 01:21:07 |
| 1321 | Hanke | Andrea | 67 | R.u.MC Sturm Hombruch | 01:36:57 |
| 1315 | Heckmann | Edgar | 58 | LSF-Unna-2000 | 01:12:14 |
| 1317 | Herbst | Henry | 38 | SuS Oberaden | 01:23:52 |
| 1332 | Hoffmann | Dirk | 59 | TG Holzwickede | 01:28:49 |
| 1324 | Hoffmann | Horst | 41 | TG Holzwickede | 01:22:39 |
| 1426 | Humpert | Burkhard | 53 | Walkingtreff Möhnesee | 01:10:29 |
| 1427 | Humpert | Claudia | 54 | Walkingtreff Möhnesee | 01:16:33 |
| 1448 | Hunsdieck | Heidi | 59 | Lauffreunde Osterflierich | 01:17:54 |
| 1450 | Jahn | Hans-Peter | 54 | SV Langschede | 01:24:37 |
| 1345 | Kampmeyer | Brigitte | 49 | TLV Rünthe | 01:29:48 |
| 1420 | Kehrenberg | Monika | 62 | TuS Ascheberg | 01:24:07 |
| 1399 | Kirchhoff | Jörg | 69 | THU e.V./ Unna | 01:25:04 |
| 1363 | Klemm | Aggi | 67 | LF Freitag | 01:32:27 |
| 1368 | Klencz | Günter | 52 | Walkingtreff Lünen SV | 01:19:37 |
| 1388 | Klotzbücher | Rita | 54 | TuS Uentrop | 01:30:54 |
| 1325 | Köhler | Bernd | 45 | TG Holzwickede | 01:24:02 |
| 1451 | Kolanowski | Christiane | 61 | SVL Langschede | 01:24:36 |
| 1304 | König | Karlheinz | 57 | LT Hohemlimburg | 01:16:51 |
| 1452 | Kötter | Doris | 57 | SV Langschede | 01:24:36 |
| 1354 | Krieg | Anna-Rosa | 57 | TLV Rünthe | 01:24:22 |
| 1358 | Krieg | Marc-David | 90 | TLV Rünthe | 01:17:17 |
| 1334 | Kruppe | Petra | 63 | TG Holzwickede | 01:23:12 |
| 1377 | Kuban | Erich | 44 | Datteln | 01:20:17 |
| 1432 | Kütemeier | Andreas | 62 | LC 92 Bad Salzuflen | 01:39:15 |
| 1431 | Kütemeier | Heike | 63 | LC 92 Bad Salzuflen | 01:39:14 |
| 1412 | Lang | Thomas | 57 | TG Holzwickede | 01:23:39 |
| 1414 | Lange | Reinhard | 60 | SV Frömer | 01:12:21 |
| 1371 | Lemke | Barbara | 61 | Walkingtreff Lünen SV | 01:14:16 |
| 1313 | Ligges | Karl-Heinz | 40 | LSF-Unna-2000 | 01:23:35 |
| 1455 | Lohrke | Martin | 52 | Walkingtreff Möhnesee | 01:20:50 |
| 1331 | Lotz | Stefan | 58 | TG Holzwickede | 01:14:51 |
| 1353 | Luig | Renate | 55 | TLV Rünthe | 01:21:26 |
| 1415 | Lünebrink | Erika | 54 | Werne | 01:19:33 |
| 1382 | Lutz | Frank | 49 | TVE Lünern/Stockum e.V. | 01:00:26 |
| 1411 | Madlewski-Lang | Heike | 61 | TG Holzwickede | 01:23:38 |

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|--------|-----------------------|------------|----|---------------------------|----------|
| 1337 | Maßmann | Andreas | 64 | TG Holzwickede | 01:22:36 |
| 1336 | Maßmann | Silke | 64 | TG Holzwickede | 01:28:53 |
| 1393 | Mellenthin | Sabine | 65 | TV Germania Flier.-Lenn. | 01:34:27 |
| 1329 | Mertens | Elke | 52 | TG Holzwickede | 01:29:10 |
| 1326 | Mertens | Jürgen | 47 | TG Holzwickede | 01:14:11 |
| 1419 | Mucha | Manfred | 44 | TuS Bönen | 01:28:10 |
| 1418 | Mucha | Sylvia | 46 | TuS Bönebn | 01:28:09 |
| 1397 | Müller | Petra | 66 | TV Germania Flier.-Lenn. | 01:28:59 |
| 1460 | Nannig | Hannelore | 50 | TuS Bönen | 01:30:55 |
| 1416 | Neuhaus | Elvira | 47 | Walkingtreff Möhneseesee | 01:14:18 |
| 1378 | Neuhaus | Heinz | 44 | Walking Treff Möhneseesee | 01:14:20 |
| 1352 | Neuhaus | Michael | 54 | TLV Rünthe | 01:18:55 |
| 1380 | Niemann | Ulla | 45 | PV Triathlon Witten | 01:32:37 |
| 1346 | Olschewski | Detlef | 51 | TLV Rünthe | 01:25:16 |
| 1349 | Olschewski | Marianne | 53 | TLV Rünthe | 01:24:12 |
| 1373 | Paarmann | Brigitte | 64 | Walkingtreff Lüner SV | 01:13:17 |
| 1370 | Paarmann | Karsten | 58 | Walkingtreff Lüner SV | 01:19:41 |
| 1341 | Palberg | Rita | 73 | TG Holzwickede | 01:30:13 |
| 1314 | Paschedag | Marion | 52 | LSF-Unna-2000 | 01:18:22 |
| 1461 | Pernak | Kirsten | 62 | Westfalia Rhynern | 01:29:00 |
| 1343 | Pilo | Waltraud | 47 | TLV Rünthe | 01:26:53 |
| 1350 | Pläß | Marianne | 53 | TLV Rünthe | 01:25:15 |
| 1362 | Posny | Helga | 67 | LF Freitag | 01:29:25 |
| 1302 | Preisling | Doris | 51 | LT Hohemlimburg | 01:31:50 |
| 1319 | Radszun | Brigitte | 48 | R.u.MC Sturm Hombruch | 01:34:19 |
| 1381 | Ratzke | Annegret | 46 | | 01:33:30 |
| 1398 | Ratzke | Claudia | 68 | | 01:30:49 |
| 1449 | Rebber | Christine | 62 | Lauffreunde Osterflierich | 01:14:26 |
| 1390 | Reich | Harry | 55 | TUS Ende/Herdecke | 01:21:55 |
| 1423 | Reimers | Angelika | 63 | TuS Ascheberg | 01:14:52 |
| 1457 | Reinkober | Werner | 52 | | 01:17:48 |
| 1308 | Rogalinsky | Michaela | 61 | SV Hilbeck | 01:30:59 |
| 1394 | Röhricht | Gabriele | 65 | Dortmund | 01:32:42 |
| 1323 | Rohwedder | Klaus | 38 | TG Holzwickede | 01:20:52 |
| 1379 | Rothauge | Heiner | 44 | Kamen | 01:16:05 |
| 1303 | Sauer | Monika | 52 | LT Hohemlimburg | 01:16:50 |
| 1372 | Schäning | Jörg | 61 | Walkingtreff Lüner SV | 01:12:44 |
| 1417 | Schannath | Irmgard | 47 | Walkingtreff Möhneseesee | 01:16:24 |
| 1307 | Schmidt | Marianne | 53 | SV Hilbeck | 01:30:59 |
| 1387 | Schneider | Alfons | 54 | Walkingtreff Möhneseesee | 59:26 |
| 1356 | Schneider | Patricia | 67 | TLV Rünthe | 01:34:21 |
| 1333 | Scholz | Holger | 63 | TG Holzwickede | 01:19:56 |
| 1422 | Scholz | Marlies | 43 | MCM | 01:24:16 |
| 1335 | Scholz | Sabine | 64 | TG Holzwickede | 01:28:54 |
| 1366 | Schönfelder | Karl | 43 | Walkingtreff Lüner SV | 01:19:38 |
| 1327 | Schröer | Renate | 49 | TG Holzwickede | 01:30:12 |
| 1351 | Schubert | Dietmar | 53 | TLV Rünthe | 01:25:05 |
| 1376 | Schultz-Lechleitner | Wilma | 40 | Unna | 01:14:31 |
| 1344 | Schulze | Ralf | 47 | TLV Rünthe | 01:28:07 |
| 1359 | Schulze-Beckinghausen | Barbara | 67 | LF Freitag | 01:32:26 |
| 1425 | Schulzeborgmühl | Ingrid | 40 | | 01:34:16 |
| 1348 | Schulze-Herrmann | Iris | 52 | TLV Rünthe | 01:28:47 |
| 1386 | Schürmann | Hubert | 53 | TUS Stockum | 59:37 |
| 1384 | Schwertz | Rolf | 51 | Datteln | 01:08:38 |
| 1367 | Senne | Gabriele | 48 | Walkingtreff Lüner SV | 01:19:40 |
| 1385 | Siewer | Hajo | 52 | Walkingtreff Möhneseesee | 01:01:01 |
| 1318 | Silz | Werner | 39 | SuS Oberaden | 01:08:26 |
| 1330 | Spiekermann | Christiane | 56 | TG Holzwickede | 01:30:47 |

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|--------|------------|-----------|----|------------------------|----------|
| 1309 | Steven | Andrea | 64 | SV Hilbeck | 01:33:34 |
| 1383 | Stolze | Clemens | 50 | Holzwickede | 01:18:36 |
| 1311 | Sudhoff | Elvira | 69 | SV Hilbeck | 01:33:35 |
| 1375 | Suhr | Hans | 40 | Kamen | 01:20:49 |
| 1410 | Sundermann | Erich | 52 | Radbod Runners | 01:21:04 |
| 1454 | Theobald | Werner | 33 | ohne | 01:24:00 |
| 1459 | Varlemann | Carmen | 66 | TuS Bönen | 01:30:56 |
| 1365 | Wagner | Anne-Rose | 39 | Walkingtreff Lüner SV | 01:18:10 |
| 1395 | Walters | Elke | 65 | Dortmund | 01:32:42 |
| 1430 | Wienpahl | Siegfried | 44 | Walking-Treff Möhnesee | 01:15:23 |
| 1392 | Wohlgemuth | Martina | 64 | Bönen | 01:28:32 |
| 1391 | Wohlgemuth | Norbert | 60 | Bönen | 01:27:59 |
| 1421 | Woschick | Gisela | 60 | TuS Ascheberg | 01:15:35 |
| 1424 | Zimmermann | Carola | 37 | | 01:34:17 |